

Connecting Touch News

“Healthy Living Through Healthy Touch”

November 2010

About our new e-newsletter...I will be sending it out the first of each month. I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at jack@connectingtouch.com , and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/> .

And as always, I thank you for your continued support and encouragement.

Jack Hayes



**HAPPY
THANKSGIVING**

...and our way of saying thank you for all your support is to give you a gift certificate for a free paraffin hand treatment for each time you come in for a massage from now until the end of the month!!! Thank you... Thank you... Thank you... Thank you... Thank you... Thank you...Thank you... Thank you...!!!



🕯️ *Holiday Special* 🕯️

Save 15%

When you buy a package of any 4 or more
massage gift certificates!

1/2 hour.....4 for \$153.00 (only \$38.25 each)*

1 hour.....4 for \$255.00 (only \$63.75each)*

1 1/2 hour.....4 for \$329.80 (only \$82.45 each)*

Hot Stone....4 for \$425.00 (only \$106.25 each)*

***Plus sales tax. Can mix/match gift certificates. Offer expires 12-31-10.**

A pampering massage is perfect for everyone on
your shopping list, including yourself! Now is
the best time to stock up!



This season, stay home by the **warm and cozy fire** and do your holiday shopping in the comfort of your home.

Just click [here](#) for our printable gift certificates and follow the instructions to give the gift you would love to receive!

However, if you do venture out, we will have complimentary gourmet coffee and herbal teas to keep you warm on the inside and a warm neck wrap to keep you warm on the outside.



~Frequently Asked Questions~



What is Corporate Chair Massage?

We come to your office with a specially-designed chair and concentrate on the areas of greatest tension: the neck, back, shoulders and arms.

How much space is needed?

We need very little space in which to do the chair massage. Usually an office or conference room will work.

How long is the chair massage per person?

The average length of time for a chair massage is usually 12-15 minutes, but we will comply with your wishes...as little as 5 minutes per person or 20 minutes or longer.

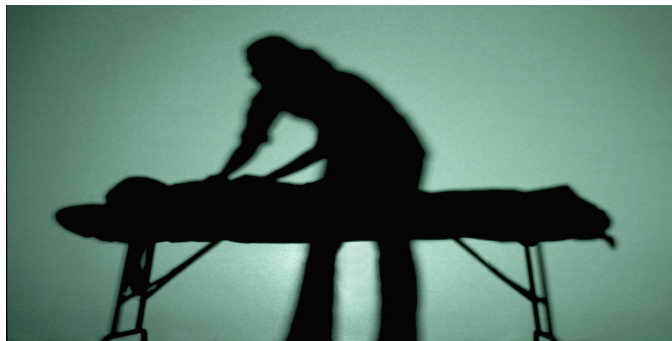
P.S. Makes a great Holiday gift for your staff!!

Do you have a question? Just send it to jack@connectingtouch.com and we will answer it in a future issue. Also, you can go to http://holisticonline.com/massage/mas_home.htm. This site is full of useful and reliable information.

~Did You Know?~

- Massage therapy is effective in reducing the stress of the holiday season.
- Massage gift certificates make wonderful gifts!
- All of our massage therapists are licensed by the State Medical Board of Ohio.

~Types of Massage~



There are many types of massage techniques. Our massage therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage
Cranial Sacral
Deep Tissue
Fibromyalgia
Geriatric Massage

Hot Stone Massage
Myofascial Release
Neuromuscular Therapy
Polarity
Pregnancy Massage

Reflexology
Reiki
Shiatsu
Sports massage
Trigger Point

What can we do to enhance your experience with us?

~Comments~



Hi Jack and everyone at Connecting Touch. I wanted to take a minute to thank you for always having such an enthusiastic approach to each day and sharing the Magnificent Monday Messages.
LC

It is very thoughtful & kind Jack, to put something every Monday for everybody to think about. I enjoy them very much.
SH

Do you have any comments or suggestions? Just send them to jack@connectingtouch.com

Don't forget to "**Like**" us on [Facebook](#). We post timely information there that we do not email. (I respect your time and I do not want to send out too many emails). Just go to the [Connecting Touch Therapy & Wellness Center Facebook](#) page and click "Like."

Thank you for all your support!

As the weather **cools** down, **Hot Stone Massage** feels even that much better!!!
Call today to schedule your appointment!



Treat yourself (or a loved one) to a Hot Stone Massage and experience the wonderful combination of massage with hot stones. 1½-hour treatment is \$125.

A Hot Stone Massage certificate makes a great gift!

~Staff~

Massage Therapists

Cindy Apthorpe

Michael Hale

Audrey Zarachowicz

Jack Hayes

Reiki Master

Ed Coyle

Office Staff

Jack Hayes... President

Katie Jernigan...General Manager

Nikki Hayes...Office Manager

~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed by the State Medical Board of Ohio or certified in their field of practice, thus providing a high level of service.

We are open 6 days a week.

Hours.....Monday–Saturday 9:00am to 6:00pm

Last massage appointments are scheduled for 6:30pm Monday-Friday and 5:00 Saturday.

Connecting Touch

Therapy & Wellness Center, Inc.

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Cuyahoga Falls, Ohio 44221

330-945-9354

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www.connectingtouch.com

**Fox 8 Hot List Winner for Best Massage
Akron/Canton Area 2008, 2009 & 2010!**