

# Connecting Touch News

“Healthy Living Through Healthy Touch”

April 2012

**About our new e-newsletter...**I will be sending it out the first of each month.

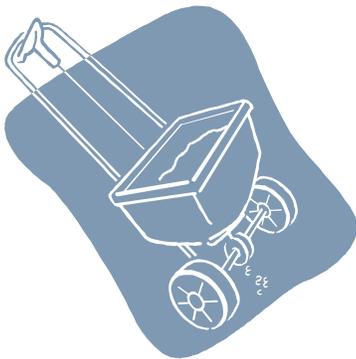
I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at [jack@connectingtouch.com](mailto:jack@connectingtouch.com), and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so.

You can access a printer-friendly version of our newsletter (as well as prior newsletters) at

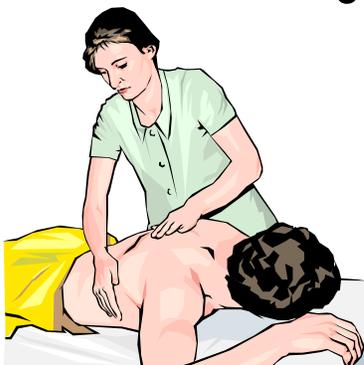
<http://www.connectingtouch.com/newsletter/>.

And as always, I thank you for your continued support and encouragement.

Jack Hayes



**Massage Therapy helps those  
muscles aching from all that  
yard work!**



# Cause of the Month...



The Dragon Dream Team began through the efforts of breast cancer survivor Jessica Mader and her doctor, Akron plastic surgeon Dr. Douglas Wagner. The 76-year-old Jessica was a member of a BCS Dragon Boat team in Nova Scotia. Her enthusiasm and positive attitude while undergoing cancer treatment inspired Dr. Wagner. He offered to purchase a dragon boat and challenged Jessica to invite other patients to “get on board.” Over 70 survivors initially joined the team. Now, three times each week, paddlers dressed in their signature pink gather at *Craftsmen Park* and glide their pink Dragon Boat around the beautiful waters of Portage Lakes.

Chinese Dragon Boating began some 2,000 years ago, but this ancient sport didn’t find its way to Akron, Ohio until May 2007. That’s when an enthusiastic group of survivors picked up their paddles and launched Ohio’s first Breast Cancer Dragon Boat on Rex Lake. Similar to sculling, Dragon Boating is one of the fastest-growing water sports in the world. Twenty paddlers sit side by side in a 40-foot boat with its colorful dragon head on the front and dragon tail on the back. A coxswain and drummer complete the crew.

The Dragon Dream Team is one of more than 100 Breast Cancer Survivor Dragon Boat Teams around the world. The Dream Team welcomes new members, and the only requirement to join is to be a breast cancer survivor. Their goal is to support and care for each other while promoting self-esteem, camaraderie and physical and emotional health and well-being. Dragon Dream Team members demonstrate a quality of life after breast cancer that exceeds all expectations.

[www.dragondreamteam.org/](http://www.dragondreamteam.org/)



# Third Annual Breast of Friends Fundraiser



The Dragon Dream Team  
invites our breast friends to  
a casual evening of  
**BLACK & WHITE PINK ALL OVER**  
Silent and Live Auction \* Open Bar  
Grazing Appetizer Stations \* Entertainment

**Saturday, April 14, 2012**

**St. Joseph's Family Center**

**610 West Exchange Street**

**Akron, Ohio**

**6:00 p.m.**

**CASUAL BLACK & WHITE ATTIRE APPROPRIATE**

**Reservations: \$40 per person**

**Contact: Juanita at 330-494-5236 or [mamalew@neo.rr.com](mailto:mamalew@neo.rr.com)**

**Dragon Dream Team – 7800 Edgedale Avenue NE, Canton,  
Ohio 44721**





Hi Everyone,

We have been honored for the fifth year in a row by being nominated for the **Fox 8 HOT LIST for best massage in the Akron-Canton area.**

If you would like to cast your vote for us, click on <http://fox8-akron.cityvoter.com/connecting-touch-therapy-and-wellness-center-inc/biz/83160?c=7de2d69109de8f81&r=fb>

We thank you for your vote, but more importantly, we thank you for your support!!

Jack Hayes

## ~Comments~

If you appreciate excellent customer service and being treated like customers matter, not to mention highly-skilled massage therapists, you will LOVE Connecting Touch. I've been coming here for years and have tried several of the therapists with NEVER a negative experience. Fair prices with No Tipping lets you relax a little more....A1!!!!!! LM

You have a friendly staff and a great atmosphere Best place to get a massage. LG

This is the only place I will go for a massage. The staff is professional, well-trained and so welcoming. Mike is amazing! I try to get a 1 hour massage every month. Today's massage was the best I've ever had (although they have all been great). AH

**Do you have any comments or suggestions? Just send them to [jack@connectingtouch.com](mailto:jack@connectingtouch.com)**

# ~Types of Massage~



There are many types of massage techniques. Our massage therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage

Cranial Sacral

Deep Tissue

Fibromyalgia

Geriatric Massage

Myofascial Release

Neuromuscular Therapy

Shiatsu

Polarity

Pregnancy Massage

Reflexology

Reiki

Sports massage

Trigger Point

Our massage therapists are always continuing to learn new modalities of treatment. If the modality you want is not listed above, call to see if one of our massage therapists is trained in the modality you want.



at [Connecting Touch](#) and become a fan!



We are also on LinkedIn.

# Pregnancy Massage

Do you know someone who is pregnant? Is she in need of a massage? Silly question!!

We have several therapists who are trained in pregnancy massage---plus we have the Prego Pillow for the expectant mom's comfort. The Prego Pillow allows the mom-to-be to lie on her stomach. This is something she probably has not been able to do for a while!

## The Prego Pillow™



This special pillow allows for a comfortable massage for the mom-to-be plus allows the massage therapist to do a therapeutic massage--something the mom-to-be needs.



We also have gift certificates that would make a great baby shower gift!



# Tees For Vets

## Fill the Basket With Tees

Hi Everyone,

We are a collection point for the Joshua Stow Chapter of the Daughters of the American Revolution's Tees for Vets Drive. They are collecting new white tee shirts sizes large & up which will then be given to the Veterans at the Wade Park Veteran's Hospital.

Just stop in anytime Monday Through Saturday from 9-6 and drop your new white tee shirts in the basket and help make a difference in someone's life!!

Thank you!

Jack Hayes

<((((>< PTL Grace and peace be yours in abundance.



## ~Staff~

### Massage Therapists

Cindy Apthorpe

Michael Hale

Lisa Kovacevich

Jack Hayes

Ryan Weeden

### Reiki Master

Ed Coyle

### Office Staff

Jack Hayes... President

Katie Jernigan... General Manager

Nikki Hayes... Office Manager

## ~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed by the State Medical Board of Ohio or certified in their field of practice, thus providing a high level of service.

**We are open 6 days a week.**

**Hours**.....Monday–Saturday 9:00am to 6:00pm

Last massage appointments are scheduled for 6:30pm Monday-Friday and 5:00 Saturday.

# *Connecting Touch*

Therapy & Wellness Center, Inc.

960 Graham Road

Cuyahoga Falls, Ohio 44221

330-945-9354

800-565-2926

**[www.connectingtouch.com](http://www.connectingtouch.com)**

**Fox 8 Hot List Winner for Best Massage  
Akron/Canton Area 2008, 2009, 2010 & 2011!**